



"If we want things to stay as they are,
things will have to change."

Giuseppe di Lampedusa

About New Horizons

New Horizons is an established career consultancy offering integrated career management services to individual and corporate clients in the private, public and not-for-profit sectors. From outplacement and career transition to coaching and people development, we have over 15 years' experience of providing high quality services, helping a wide range of individuals and organisations to achieve their goals.

Our Approach

Professional, flexible, practical, supportive – these words characterise our approach to delivering effective programmes to individuals or groups. Everything we do is bespoke – we do not provide 'off-the-shelf' solutions nor do we subscribe to the 'one-size-fits-all' philosophy. All our clients, whether individual or corporate, have different needs and we work closely with each one to design a tailored programme that meets their requirements and ensures that they will gain maximum benefit from working with us. We believe that it is our exceptional flexibility together with the personal relationship we build with each client that enables us to achieve consistently high levels of success.

Our People

New Horizons people all share the same ethos. We are passionate about helping others fulfil their ambitions; passionate about providing high quality professional services; and passionate about working in partnership with our clients, whether they are individuals or organisations. Our team of consultants is made up of experienced professionals whose wide diversity of backgrounds, skills and expertise ensures that we can match our clients' needs. Our pool of experience includes career and executive coaching, counselling, training, recruitment, sales and marketing.

Our Clients

Our individual and corporate client list reflects our versatility. Ranging from major global companies to small businesses and private individuals; from government agencies to charities and educational institutions, all our clients benefit from the high level of personal attention and support provided by our team of professional consultants and advisers.

Our Programmes

We offer focused and personalised programmes, designed to help individuals and organisations improve their performance and manage change effectively. We work with people at all levels and at every stage of their career from board members and senior management to technical specialists and team members. Our programmes range from individual and large-scale outplacement programmes to career and executive coaching, people development and HR consultancy. Programmes are designed on a bespoke basis in partnership with our clients and are conducted at our offices, on client sites or at off-site locations throughout the country.

Outplacement and Career Transition

With many years' experience of delivering quality outplacement services to a wide range of people and organisations, we have seen just how much individual needs and expectations vary at times of transition. This is why we have developed a flexible Outplacement Service with an emphasis throughout on a career management approach. Our individually tailored Outplacement Programmes are designed to help individuals and groups to embrace change, boost self-confidence and transform redundancy or career transition into an opportunity for personal growth and development.

Career Coaching

Career Coaching helps individuals to decide what they want out of life and their career. It is particularly relevant at times of change – promotion, a change of role or responsibilities, or even retirement. Focusing on strengths, skills, values, needs and aspirations from a personal perspective, our career coaches work with the individual to review existing and future career paths and options. Within the organisational context, Career Coaching can help with succession planning, ensuring that individual career plans are formulated realistically in accordance with the needs and drivers of the organisation.

Executive Coaching

Executive Coaching is about assisting people to achieve their full potential. It works best when used to help individuals deal with specific professional development issues or to support them when taking on a particularly challenging role. Our executive coaches work with managers and executives to identify their strengths and development needs, to clarify issues and address limiting beliefs, and to help them manage stress, change, conflict or crisis. From an organisational perspective Executive Coaching supports talent management strategies and ensures improved individual and corporate performance.

People Development

We offer a selection of Management Development and Soft Skills Training Programmes. These can be provided over one or two days or as 'Bite-Size' training normally delivered as two-hour sessions over a number of weeks. Our Training and Development programmes are designed to meet the career needs of individuals and to help them realise their talent and potential.

Services to Business

An organisation's most valuable and valued resource is its people. Our Services to Business help organisations to focus on maximising the potential of their people through a range of programmes that includes: Performance Management, Psychometric Analysis and targeted HR Project Outsourcing. We are driven by results and, working in partnership with our clients, those results are impressive.

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